

PIE NOT HALF ALL FOR SWEET POTATO

Popular on Table In North and South for Its Many Toothsome Varieties of Preparation.

By FRANCES CARROLL.

EVERY homemaker in the country knows the sweet potato and welcomes its advent just at the season when the summer vegetables are beginning to be scarce. Many housewives are under the impression that this vegetable takes the place of the white, or Irish, potato in food value, but this is not the case. It possesses a little less water and protein and has considerably more starches and sugars than the white potato. The proportion of sugar in the sweet potato varies with different varieties. The very sweet, syrupy yams are the more popular variety in the South, and possess a great quantity of sugar. The dry, starchy sweet potato is the favorite of the Northern markets, and possesses a greater quantity of starch.

Big Waste In Paring. When pared for table preparation about 20 per cent of the total weight is removed with the skins.

There has been a considerable difference of opinion as to the length of time a sweet potato should be cooked, some claiming a short period and others that the best result are obtained when the vegetable is cooked for a longer time. The latter theory has the greater number of advocates.

In experimental work reported to the United States Department of Agriculture on this subject, uniform tubers of medium size were baked for twenty, forty, and sixty minutes.

Contrary to the supposition, the long baking made the potato more moist, sweeter, and more palatable. The Tuskegee experiment station has issued a bulletin concerning the cultivation and uses of the sweet potato, including some valuable recipes, of which the following are a few:

Sweet Potato Pie.

For pie the sweet potato should be boiled in the skin. When tender the skin should be removed, the potatoes mashed and beaten until light. To each cup of potato add one-half cup of milk, one-half cup of cream, two well-beaten eggs, three-quarters of a teaspoon of sugar (or a smaller quantity if the potatoes are very sweet), and season with cinnamon and ginger, or other spices, to taste. Bake with a bottom crust only. This quantity is sufficient for two or three pies.

Sweet Potato Cobbler.

For cobbler, prepare the mashed sweet potatoes as for pie and fill a dish with alternate layers of biscuit dough or some similar crust and sweet potato.

The dough should be rolled out quite thin and spread with the potato mixture in layers about one-fourth inch thick.

Add to each layer just enough water to give the crust when cooked the consistency of peach or other fruit cobbler crust. Bake until thoroughly done and serve hot with drawn butter or hard sauce.

Baked Potato and Apple.

The recipe for sweet potatoes baked with apples is as follows: Wash about four medium-sized potatoes, peel, and cut in slices about one-quarter inch thick; pare and slice the same number of apples in the same way. Put the sweet potatoes and apples in a baking dish in alternate layers; sprinkle one and one-half cups of sugar over the top; scatter half cup of butter also over the top; add three-quarters pint of hot water; bake slowly for one hour; serve steaming hot.

In some parts of Asia sweet potatoes are prepared in sugar in much the same way as fruits in the United States, and recipes are occasionally found in cookbooks for such preserves, lemon and ginger, or some similar material being usually employed as a seasoning material.

DAILY FASHION TALK TO TIMES READERS

A Simple Gown of Wool and Silk



VARIOUS combinations of material are being exploited, but none is prettier than wool with silk. This gown shows wool crepe used for the main portions and fancy silk for the trimming, while the gumples are of all-very lace. It is very pretty and very attractive, at the same time it is quite simple. The skirt is straight and pleated, but there is a wide tuck at about knee length which gives a suggestion of a tunic, and beneath this tuck two materials are joined.

The blouse is one of the prettiest possible. It is cut in one piece with the sleeves tucked on exceptionally becoming lines.

It can be worn over any gumples. Skirts that just escape the floor are exceedingly fashionable for all occasions of half dress.

Just now, and consequently, this model will be found suitable for various needs. As illustrated, it is pretty for the afternoon bridge party or for the informal luncheon or any occasion of the sort. It can be made of silk crepe de chine with a trimming of Persian satin, and become much more elaborate in effect; or, if liked, the skirt can be made of one material throughout, making a still simpler gown, so that it includes various possibilities.

For the medium size the over blouse will require 2 1/2 yards of material 36 or 38 inches wide. The upper portion of the skirt will require 1 1/2 yards 24 or 27, 4 yards 36 or 38, 4 yards 44 inches wide. The lower portion of the skirt will require 4 yards 36 or 38, 4 yards 44 inches wide. For the gumples will be required 4 yards of material 36 or 38 inches wide, and of sizes 34 to 42 bust measure, and of the skirt 5/8, sizes 22 to 30 waist measure, can be obtained at Goldenberg's.

Cost of This Dress in Two Materials

| VOILE. | |
|---|--------|
| 5 1/4 yards of voile, \$1.00 yard..... | \$5.45 |
| (Upper portion of skirt and waist.) | |
| 3 1/2 yards of messaline, for lower portion of skirt..... | 3.50 |
| 4 1/2 yards of lace, \$1.00 yard..... | 4.00 |
| Total..... | 12.95 |
| CREPE. | |
| 7 7/8 yards of crepe, 49c yard..... | \$5.45 |
| 5 yards of Persian silk, for trimming lower portion of skirt..... | 2.36 |
| 4 yards of lace, \$1.00 yard..... | 4.00 |
| Total..... | 11.61 |

Daily Horoscope

"The stars incline, but do not compel."

Saturday, October 22, 1910.

Now the Stars Declare: "The Brave Shall Win the Fair."

HIGHLY favorable conjunctions mark this day as one wherein it will benefit everybody to push all concerns and enter on all undertakings with freshened enthusiasm and courage.

An excellent sign is over lovers, signifying that many troubles can be cleared away this day by energetic, brave, frank action, and that for all except those inspired by mere vanity or other ignoble motives, this period is auspicious for engagements and weddings.

An excellent sign is over shopping for both men and women, and it extends over buying generally, promising activity and free intercourse in commerce, and warning salespeople to push the advantage of the day to the utmost.

Stars flames with a rule for great vigor, bending undertakings and inspiring life in all things. Over-optimism, recklessness, and any temptation to go ahead in anything without previous preparation must be avoided, however.

The Sun favors travelers, magistrates, and those who do good. There is an excellent sign over physicians and surgeons, and it governs also journeys for health or rest.

Jupiter today is held to favor new shops and new tasks. Persons with this birth-date are also journeys for health or rest.

According to the signs, this time is good for hiring people for any purpose. In the household the omens are good for fowls and fish.

Herbal lore marks today as good for wheat, cherry, strawberry, parsley, cowslip, birch, artichokes, beans, fanny elder, chestnut, goldenrod, daisy, marshmallow, and thyme under Venus.

Persons with this birth-date are under signs that are held to make for refinement and humanity with success promised through "travel or speech."

Children born today are under signs that frequently give an extraordinary self-possession in all matters of life, making them very independent.

EMBROIDERED TOWELS. Towels that have been embroidered with initials and monograms should have embroidered borders also. These may be straight or scalloped, and should be embroidered in such designs as wild rose, aster, forget-me-not and trefoil patterns, and conventional wreaths, bows, and flowers.

LAST PUZZLE TODAY IN GARDEN CONTEST

Excitement Runs High Among Those Who Have Struggled for Prizes.

ANSWERS POUR IN SINCE EARLY MONDAY

Sunday Will Bring Solutions to Light and the Valiant Contestants Will Come Out Ahead.

By FRANCES CARROLL.

WITH the closing of the contest this afternoon one of the most interesting weeks in the history of Times puzzles will have been concluded.

Since bright and early Monday morning answers to The Mystic Flower Garden have been pouring in, some humorous, some clever, but few correct. Many evidences were found that puzzlers have worked long and seriously in this charming garden among its many beautiful plants and blossoms, enjoying their work in spite of its perplexing nature.

I have known of fully a dozen contestants who have spent hours in the Congressional Library studying flowers. One elderly gentleman spent two hours endeavoring to find the solution of "Feminine Members of a Society" alone.

Where Majority Stumbled.

It is hard to say which number of the puzzle has proven the most generally difficult. I think this distinction could well be divided between "Dainty Feminine Belonging" and "A Fashionable Shade," for these are the two places in the puzzle where the majority of contestants stumbled.

"You remember that no one had an entirely correct solution last week," one puzzler told me this morning over the phone, comforting herself with the thought.

"And those prizes have got to go to the three people who have the most nearly correct solution," she went on to remind me.

Yes, I told her. "It is comforting to know that someone will get the prizes."

Will I get one of them, Miss Carroll? she asked glibly.

But, of course, I did not tell her that.

Ordeal of Waiting.

It is a patience-trying task that puzzlers must wait until Sunday to know whether they have won a prize, and to learn the correct solution of the puzzle. I have been repeatedly asked why this is necessary.

If those who are continuously asking the question could come into my office about Friday of some popular puzzle week and see the hundreds of letters to be gone through and checked up, they would understand that it cannot all be done in time to give them the results of the contest before Sunday.

So hold your horses, dear puzzle friends. Sunday isn't very long to wait, after all.

SEASONABLE RECIPES FOR HOUSEKEEPERS

To stuff egg plant, cut a slice from the stem end and scoop out the inside pulp without breaking the wall of the fruit. Then cook it for about ten minutes in boiling salted water. Meanwhile slice and cook one small onion and chop it with the pulp taken from the egg plant, stir in half a cupful of bread crumbs, season with salt and pepper, butter and a beaten egg. Fill the shell, put back the slice taken from the top and bake for about half an hour.

Apple custard pie is made in this way by a farmer's wife up the State: A pint of grated apple is mixed with a cupful and a half of sugar; three well-beaten eggs, the grated rind and the juice of a lemon, a cupful of rich milk and two tablespoons of butter are stirred into the mixture. The pie is baked in a "strapped" variety. Or it may be baked without any cover and have the whites of the eggs used for a meringue.

Half a cupful of jelly worked into half a cupful of butter and a cupful of sugar makes a delicious sauce for cottage pudding. Fruit pulp may be used in place of the jelly. It should be beaten to a fluffy cream.

Frozen mint to serve like a cordial in small glasses is made like lemon ice, with a teaspoonful of essence of peppermint as flavoring and green coloring added.

For mint sauce, peppermint or spearmint may be used. Chop the sprigs of the mint fine, mix it with sugar and let it stand for an hour for the sugar to extract the essence. Add vinegar just before serving and let it stand for an hour.

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PARENTAL INFLUENCE IN SHAPING CAREER

Mother's Mind Is the Soil for the Growth of Her Unborn Child, Asserts Ella Wheeler Wilcox In a Retrospect of Her Life.

By ELLA WHEELER WILCOX.

HOWEVER clearly defined may be the influences which shape an individual life, first to be considered, but last to be mentioned as a rule, is the prenatal influence.

Only during this period of a child's life has been deemed "proper" in polite circles, so perverted and mistaken has been the public mind upon such a vital topic.

To omit any reference to this influence in writing of my own life would be like attempting a critical review of "David Copperfield" without mentioning David.

In every garden, whatever a plant may be, there was first a seed or a bulb, and the soil to give it nourishment.

Her Mother's Literary.

Upon the nature of this soil the growth of the plant is largely dependent. A mother's mind is the soil for her unborn child. My mother's mind was distinctly literary in its tendencies. Married young in the old Vermont home of my father's ancestors, her literary tastes were given small scope for development.

Moving to Wisconsin before my advent upon the earthly scene, my chance time and opportunity were given her in that young State to read books of poetry, history, and romance; and during all the expectant period preceding my birth my mother dwelt upon the idea of bringing a child into the world who should carry out her own dreams and ambitions regarding a literary career.

When asked by her mother and sister, if she was not afraid to add another child to her cares and duties in a new country after they had experienced quite enough for her to look after on a Western prairie, I have frequently heard my grandmother and aunts repeat her answer.

Childhood An Index.

"No, I am bringing this child into the world to do the things I wanted to do and failed to accomplish. I am to bear a girl; and she will follow literature for a profession."

When at the age of eight (in fact, poetry, history, and romance), my first verse were discovered by the family, every one in the household and in the neighborhood seemed surprised, save my mother.

"It is what I expected," she said to every remark made by others. With such strong conviction in the mind of a mother before a child is born, it would be indeed strange if the child failed to do the desired things.

Having been so early equipped with the necessary tastes, inclinations, and abilities for my career, the home influences and conditions provided the spur to action and effort.

Looking back upon my childhood, I cannot say that were I the mother of a child like unto myself I should give her the same treatment which I received; and yet the very mistakes and misfortunes in my home life were factors in my development.

Too much praise was bestowed upon me, and too little effort was made to direct my reading and to form my ideal. My temperamental tastes were not studied; my tendencies not understood.

Early Teacher.

Achievement was expected of me; yet guidance was not given and life, not the mature members of my home circle taught me the importance of self-control.

Some Hints for the Day's Menu.

BREAKFAST. Bartlett pears, cereal and cream, bacon, boiled eggs, Graham bread, toast, tea, and coffee.

LUNCHEON. Cold meat (a left-over), baked potatoes, tomato and lettuce salad with French dressing, crackers and cheese, baked apples and cream, cookies, tea, and coffee.

DINNER. Soup, pot roast with gravy containing sultana raisins and "pine nuts" (an Italian dish and good), mashed potatoes, oyster plant, poor man's pudding, black coffee.

BLACK BRAIDS STYLISH.

Broad black braids are in demand by garment makers and, when the time comes, will be seen on separate coats and suits of fabrics that require special ornamentation.

The "Chaumont" Seamless Axminster Rugs which are notable for their durability and the refinement of their colors and designs. They may be had in a wide range of plain colors and in figured effects of marked decorative excellence, including a fine example of the Chinese rug design, now being featured by exclusive decorators.

They come in 26 regular sizes, from 1 ft. 6 in. x 2 ft. 10 in., at \$2; 10 to 12 ft. x 18 ft., at \$110. Rugs of special sizes and colors are made to order promptly in any width up to 15 feet, and in any length.

The "Kalliston" Plain Color Seamless Rugs, which have been received most favorably by the public, are made in 26 regular sizes and 30 colorings. These Rugs offer the maximum of quality at moderate prices, the 9x12 size costing only \$42.50.

The new "Agallo" Plain Color Seamless Rug is a high-pile Axminster weave of fine quality. It is made in 6 distinct colorings—entirely plain, or plain centre with single-band border, two-band border, and with Chiordes pattern border. An additional pattern, the "Oushak," consists of small dark green and blue figures over a rich red ground, producing a Rug of handsome appearance. Five regular sizes, from 3x6 ft., at \$9, to 9x15 ft., at \$72.

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troil as a platform on which all worthwhile achievement must rest. Wise parents can impart this lesson with tender persistence, but life is often brutal in her methods.

Curiously enough, my mother had expected me to be a writer of fiction. I was allowed to read the most exciting kind of second-rate novels, and my imagination, naturally, vivid, was continually excited by this order of literature.

Unquestionably the influence of such reading matter was largely responsible for the nature of my early writings. I made valiant efforts to become a novelist; I wrote short stories with painful labor; and when indulgent editors accepted them, and gave me pictures and books and articles from their prize-list in payment, I felt I was moving toward my goal. But my happiness consisted in writing verse.

The most important influence upon my career came early in my teens, in the shape of an avuncular, paternalistic first check, and in payment for three little poems.

Destiny's Handiwork.

To find that verse brought money seemed as wonderful a surprise as to discover that the food which tempts your appetite is good for your health. To do what I loved to do, and have that bring in income was indeed happiness.

From my eighth year, when the first check was written form, I considered my vocation settled. Relations and teachers upheld me in the opinion with what today seems to me a surprising faith.

A man confident, were any child of my acquaintance to write the things I wrote then, I would not predict literary success with any certainty, and I would surely suggest the advisability of training for some more definite occupation.

My sister did advise educating me for a teacher at the age of thirteen, but my mother replied that my future work was arranged for by destiny.

My father, who was musical, but not literary in his tastes, regarded me with pleasant pride, but he held very conservative ideas regarding education. He believed in the old penny-saving idea rather than in any venture of spending pennies to win possible dollars.

Pennies were indeed of great value in our household, and had to be counted; and when I began to send out a dozen poems and a story in such tri-weekly mail my father's prudent mind became anxious.

"Aren't you paying out more for postage," he asked, "than you are getting in?" "You will ever get back in money?"

Once when three whole months passed with no cheque, and with a continual buying of postage stamps for manuscripts, he grew very grave. But at the end of the month, when the checks amounting to \$90 arrived in one week, his faith in my Wall Street tactics was established.

In all my career, no testimonial to my achievements ever touched me more than having my father come to my bed one morning in Iowa, my father had gone, on a matter pertaining to a lawsuit.

Alas, my father was always in lawsuits—and never won them! He had met a man who was enthusiastic over my poems! And he and my father had sat up the whole night talking about me.

And I realized that the matter of my literary business was not quite forgotten.

To Be Continued.

GOOD STORY RESTS WEARY HOUSEWIFE

There is real rest in reading a good story and to many a woman an interesting story is as good as a trip away from home.

When your nerves are worn out, when your head aches and when the whole world is going wrong from your point of view, get a good book, go off by yourself and forget all about everything and everybody for an hour or so. Absolutely lose yourself in a good story and you will come back to work with a fresh courage and a new spirit.

A good story is like a visit with interesting people—you've been there, you've seen them, you've heard their stories, they say to one another, you've followed them through all the tangles of the plot and you've laughed over the amusing incidents; in short, you have had a nice rest, which is worth as much as medicine.

The busy housekeeper needs a change of thought. In many cases it is not work, but monotony of thought, which wears women to invalidism.

If we don't give more for the money than any one else we wouldn't have the largest retail feather business.

Old Feathers Made Over at 1-2 the Cost of New

Into beautiful Willow Plumes, Willow Bands, and the very latest effects. Feathers Curled On Your Hat While You Wait.

Juliet Ostich Feather Shop 915 G Street Phone Main 6609.

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Sorosis Shoe Co., 1213 F St. N. W.

Electric Light

Potomac Electric Power Co., 213 Fourteenth Street Northwest. Telephone, Main 7280.

Question Box of The Times

It does not matter how personal are the things you want to know. Send your query to Question Box Editor, and she will answer you promptly where it is possible to do so. Your name will not be printed where you so request.

The Night Has a Thousand Eyes.

K. S.—The poem you want is short for the series of "Poems Women Should Know," so I am giving it to you in this department. It is as follows:

"The night has a thousand eyes; the day but one; yet the light of the bright world dies with the dying sun. The mind has a thousand eyes, and the heart but one; yet the thoughts of love are done."

Yet the light of a whole life dies, when love is done."

Skin Eruption.

Mrs. H. K.—I do not think the skin eruption from which you are suffering is caused so much by the change you experience in the American climate as from a condition of the blood. I have noticed this same trouble with native Americans and believe that baking soda will be more effective than anything else. Make a paste of plain baking soda and water and apply to the pimples and

blistered places. It will sting for a time, but will very soon dry up the eruption. In addition to this external application, a cathartic should be taken to touch up the liver.

If this treatment proves ineffective I would advise you to consult a doctor.

Introductions.

K. W.—A bow is sufficient acknowledgment of an introduction to a strange man. The man expresses his pleasure in meeting a lady and she acknowledges his words with a smile and bow, after which conversation flows easily and naturally.

Superfluous Hair.

A. B. C.—I am not familiar with the preparations you mention, and cannot advise their use. Electrolysis is the only reliable method of permanently removing superfluous hair.

(2) If you will watch the fashions of the Times Woman's Page I am sure you will find a pattern to meet your requirements.

BEDTIME STORIES

Johnnie and Billie Bushytail

By HOWARD R. GARIS

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XVIII—PAPA AND MAMMA GET BACK HOME.

YOU remember I told you some nights ago how it was that Johnnie and Billie Bushytail had to live with their grandpa and grandma and Jennie Chipmunk. It was because Papa and Mama Bushytail had been captured by a boy and put into a cage with a wheel that went around faster than the fastest merry-go-round you ever saw.

Well, now I am going to tell you how the squirrels escaped from the cage. The boy who had them was very kind to them, and gave them nice nuts to eat, but still they wished they could be free, to run about in the woods, and even the wheel that went around did not make them forget their little squirrel children.

So one day, after the boy had fed his pets and cleaned the cage, what do you think happened? Why, he forgot to fasten the door. Yes, sir, that's just what he did, I'm not fooling a bit. He went out of the room, and left the cage door open, and Papa Bushytail saw that it was swinging to and fro.

"Come on, quick!" he called to Mama Bushytail. "This is the very chance for us. We have been looking for a way out and go back to our dear children and Grandpa and Grandma Lightfoot and Jennie Chipmunk."

"But how are we going to get out of this big house?" asked Grandma Bushytail, and she felt so badly that a tear came in each eye, and fell into the drinking water.

"Oh, we'll find a way," replied her husband. "Come on now. Run!" So out they ran faster than an elephant running after a peanut and a lump of sugar. They scrambled out of the cage to the table, down to the floor, and, my, what a good luck they did have! If there wasn't a window open in the room. They jumped right out of the window on a porch, and from there they could